

AYRSHIRE 10 MILE MEDALS 2016

Medal	Name	Club	Time
1stM	Kenneth Neill	Ayr Seaforth AAC	57:07
2ndM	Alex Allardyce	Irvine Running Club	60:19
3rdM	Connell Drummond	Kilmarnock H&AC	62:18
1stM40	Alex Allardyce	Irvine Running Club	60:19
1stM50	Paul Turnbull	Ayr Seaforth AAC	68:10
1stM60	Matt Ferguson	Kilmarnock H&AC	79:48
1stM70	Bruce Walker	Troon Tortoises AC	85:32
1stMU20	no entrant		
1stF	Laura Wallace	Ayr Seaforth AAC	68:47
2ndF	Angela Reid	North Ayrshire AC	72:11
3rdF	Lynn Connelly	UA	78:44
1stF40	Caroline Mutch	Troon Tortoises AC	80:05
1stF50	Jennie Jackson	Irvine Running Club	81:37
1stF60	Kate Todd?	Kilmarnock H&AC	86:13?
1stF70	no entrant		
1stFU20	no entrant		
<u>1st Mens Team:</u>	Irvine Running Club		266:40
Runners:	Alex Allardyce	Alan Douglas	
	Graham MacFarlane	Jim Sneddon	
<u>2nd Mens Team:</u>	Kilmarnock H&AC		287:40
Runners:	Connell Drummond	Scott Lyden	
	Stephen Emerson	Gerry Dodds	
<u>3rd Mens Team:</u>	Troon Tortoises AC		288:28
Runners:	Stuart Swan	Rob Carroll	
	Ian McNee	Gerry Penman	
<u>1st Womens Team:</u>	Ayr Seaforth AAC		244:54
Runners:	Laura Wallace	Ruth Kirk	
	Abby Knox		
<u>2nd Womens Team:</u>	Kilmarnock H&AC		249:16
Runners:	Rhona O'Neill	Viv Lambert	
	Susan Beattie		
<u>3rd Womens Team:</u>	Troon Tortoises AC		254:47
Runners:	Caroline Mutch	Sharon McNicol	
	Laura Scott		