

Place	Athlete Name	M/F	Club	Gun Time
1	John Bell	M	IAC	00:53:25
2	Gregor Yates	M	Bellahouston Harriers	00:55:04
3	Alan BLAIR	M	GARSCUBE HARRIERS	00:57:19
4	David Lindsay	M40	GARSCUBE HARRIERS	00:57:30
5	Garry MATTHEW	M	GARSCUBE HARRIERS	00:57:44
6	Billy RICHARDSON	M40	IRVINE RUNNING CLUB	00:57:49
7	Ross HARVEY	M	IRVINE RUNNING CLUB	00:59:02
8	Nicholas GEMMELL	M40	Inverclyde Athletics Club	00:59:29
9	Greg Templeton	M	Bellahouston Harriers	01:00:04
10	Grahame Hopper	M	Ayr Seaforth AC	01:00:16
11	Dino Roussias	M40	Metro Aberdeen RC	01:00:27
12	Chris Lorimer	M		01:00:27
13	Douglas FINDLAY	M	GARSCUBE HARRIERS	01:00:46
14	Paul LAFFERTY	M	IRVINE RUNNING CLUB	01:00:47
15	ALAN HERON	M	BELLAHOUSTON ROAD RUNNERS	01:00:59
16	Connell DRUMMOND	M40	Kilmarnock H&AC	01:01:03
17	James CONNELLY	M40	Kilmarnock H&AC	01:01:15
18	Gavin HINDE	M40	GARSCUBE HARRIERS	01:01:38
19	Tom JESSOP	M	Ayrodynamic TC	01:01:41
20	PAUL CLAWSON	M	Bellahouston Harriers	01:02:13
21	ANTHONY LUCIO JANNETTA	M	BELLAHOUSTON ROAD RUNNERS	01:02:20
22	Ryan EVANS	M	IRVINE RUNNING CLUB	01:02:51
23	Keith BROADFOOT	M40		01:02:59
24	Conor MCNULTY	M		01:03:10
25	Claire THOMPSON	F40	VP City of Glasgow AC	01:03:50
26	John Mackenzie	M50		01:04:14
27	Matt Pearce	M40	Troon Tortoises Ac	01:04:34
28	Dean CARR	M40	CORSTORPHINE AAC	01:04:56
29	Laura WALLACE	F	Ayr Seaforth AC	01:05:05
30	Catriona MACDONALD	F	BELLAHOUSTON ROAD RUNNERS	01:05:09
31	Paul Parker	M40		01:05:16
32	BRIAN LEES	M50	Lothian Running Club	01:05:19
33	Owen McWilliams	M	IRVINE RUNNING CLUB	01:05:33
34	Keith WALL	M40	GARSCUBE HARRIERS	01:05:50
35	Steven ROBSON	M	Kilmarnock H&AC	01:06:05
36	Philip KNIGHT	M50	GLASGOW SOUTH ROAD RUNNERS	01:06:10
37	George IRVING	M50	IRVINE RUNNING CLUB	01:06:38
38	Colin MILLER	M60	IRVINE RUNNING CLUB	01:06:58
39	Anthony MCGALE	M40		01:07:12
40	Scott BROWN	M40	IRVINE RUNNING CLUB	01:07:32
41	Paul TURNBULL	M50	Ayr Seaforth AC	01:07:39
42	Andrew STEWART	M50	RON'S RUNNERS	01:07:58
43	James CHALMERS	M	RON'S RUNNERS	01:08:12
44	Alan DOUGLAS	M	IRVINE RUNNING CLUB	01:08:16
45	MARK DEVLIN	M40		01:08:27
46	Andrew JUNOR	M		01:08:32
47	PAUL O'BRIEN	M60	GARSCUBE HARRIERS	01:08:47
48	Marc Devlin	M		01:08:48
49	David Carr	M	GARSCUBE HARRIERS	01:08:58

50	Michael DINNING	M	IRVINE RUNNING CLUB	01:08:59
51	GRAEME MACFARLANE	M40	IRVINE RUNNING CLUB	01:09:02
52	Eddie CARR	M50	Cambuslang Harriers	01:09:07
53	Matthew WATSON	M40	RON'S RUNNERS	01:09:09
54	Laura McGarrity	F40	Troon Tortoises Ac	01:09:28
55	Mark Sands	M40	IRVINE RUNNING CLUB	01:09:49
56	Lewis WILSON	M	Troon Tortoises Ac	01:10:07
57	Paul Grace	M50	PERTH ROAD RUNNERS	01:10:31
58	Martin Strachan	M	West End Road Runners	01:10:39
59	Patrick GIBBONS	M40	Helensburgh AAC	01:10:56
60	Allon GALBRAITH	M60	BELLAHOUSTON ROAD RUNNERS	01:11:14
61	Craig ELSBY	M40		01:11:21
62	Gillian CARR	F40	CORSTORPHINE AAC	01:11:29
63	Mark THISTLEWAITE	M	GARSCUBE HARRIERS	01:11:32
64	David McKay	M	GARSCUBE HARRIERS	01:11:38
65	Jane Gardner	F40	Sweatshop Running Community	01:12:03
66	Greg MCKENZIE	M60		01:12:10
67	Jim SNEDDON	M50	IRVINE RUNNING CLUB	01:12:33
68	Alastair Mackenzie	MU20		01:12:51
69	Brian MCLAREN	M	LEVEN LAS VEGAS	01:12:54
70	Lee Shaw	M	IRVINE RUNNING CLUB	01:13:40
71	David GRAHAM	M	G72 TRI CLUB	01:13:42
72	Matthew DODDS	M60	Kilmarnock H&AC	01:13:54
73	Alexander Cuthbert	M40	Bellahouston Harriers	01:14:08
74	Stephen EMERSON	M	Kilmarnock H&AC	01:14:14
75	Neil Kyle	M40	RON'S RUNNERS	01:14:19
76	Adrian Thomson	M		01:14:36
77	Daniel GARCIA ALAREZ	M40		01:14:38
78	Michael BLAIR	M		01:14:45
79	David Henderson	M50	CORSTORPHINE AAC	01:14:48
80	JACK DAVIES	M70	Forfar Road Runners	01:14:49
81	Stuart Moffat	M40	IRVINE RUNNING CLUB	01:14:50
82	Stephen Craig	M	GARSCUBE HARRIERS	01:14:51
83	Colin RATTRAY	M40		01:14:52
84	Kathryn Scott	F50	GARSCUBE HARRIERS	01:14:52
85	EDDIE FOLLAN	M50		01:14:59
86	Kevin Gilfillan	M	GARSCUBE HARRIERS	01:15:05
87	DONNA FINLAYSON	F	VP City of Glasgow AC	01:15:07
88	Robert GALLACHER	M		01:15:25
89	Martha Lovatt	F	GARSCUBE HARRIERS	01:15:35
90	Jayne Addie	F40	Metro Aberdeen RC	01:15:39
91	John MCMILLAN	M40		01:15:57
92	Andrea MOO	F		01:16:04
93	Claire Culley	F	Giffnock North AC	01:16:51
94	Colin WEIR	M		01:16:53
95	Gemma Taylor	F		01:16:57
96	Liam JOHNSTON	M40	GLASGOW SOUTH ROAD RUNNERS	01:17:00
97	Carlos GONZALES	M		01:17:07
98	John MCLAUGHLIN	M50	GARSCUBE HARRIERS	01:17:20
99	Gerard COOKE	M		01:17:34

100	Jacqueline McConnell	F	Kilmarnock H&AC	01:17:35
101	Iain MACDONALD	M		01:17:37
102	Paul EWING	M40		01:17:43
103	Jeremy SUTTON-HIBBERT	M40	Bellahouston Harriers	01:17:50
104	William WATSON	M50		01:17:58
105	Iain SERVICE	M	West End Road Runners	01:18:08
106	Sandy EAGLESGAM	M60	Cambuslang Harriers	01:18:08
107	JAMES MCFADDEN	M50		01:18:09
108	Liza Brydon	F40		01:18:12
109	Sinead Mclaughlin	F	GARSCUBE HARRIERS	01:18:14
110	David RIDOUT	M60	RON'S RUNNERS	01:18:20
111	Luke EATON	M		01:18:21
112	Laura Barr	F	Troon Tortoises Ac	01:18:23
113	David Crawford	M40	Girvan AC	01:18:25
114	Christopher BURNS	M		01:18:37
115	James KANE	M		01:18:47
116	Kirstin DALZIEL	F	Kilmarnock H&AC	01:19:06
117	Suzanne TASSKER-DOWSON	F40		01:19:06
118	Nicholas DOWLEY	M40	GLASGOW SOUTH ROAD RUNNERS	01:19:07
119	Brian SCARISBRICK	M50		01:19:13
120	Neil MacRitchie	M40		01:19:41
121	Aileen Jamieson	F40		01:19:46
122	John SPIERS	M60	Kilmarnock H&AC	01:19:51
123	Jennifer Evans	F		01:19:58
124	John Evans	M		01:19:59
125	Jennifer Beattie	F	Kilmarnock H&AC	01:20:19
126	Rob REID	M50		01:20:22
127	Matthew SMITH	M40		01:20:30
128	Ewan Neilson	M40		01:20:37
129	PAUL COIA	M50	GARSCUBE HARRIERS	01:20:46
130	Marianne McKay	F40	Greenock Glenpark Harriers	01:20:57
131	Gordon LINDSAY	M60	Jog Scotland	01:21:06
132	Michael FLINN	M60	IRVINE RUNNING CLUB	01:21:08
133	Gillian McGale	F40		01:21:14
134	Stephen MCDOWELL	M40	Kilmarnock H&AC	01:21:14
135	David HAMILL	M60	GARSCUBE HARRIERS	01:21:24
136	ALLEN CAMPBELL	M40	West End Road Runners	01:21:25
137	ANDY TAYLOR	M50	Red Star AC	01:21:32
138	Mary COX	F60		01:21:38
139	ROBIN SCOTT	M70	Kilbarchan AAC	01:21:44
140	Colin Kirk	M	Giffnock North AC	01:21:52
141	Jonathan PAGE	M50		01:21:55
142	Amy Cromarty	F	GARSCUBE HARRIERS	01:21:56
143	Jonathan BELL	M40	West End Road Runners	01:22:10
144	Anna Graham	F	G72 TRI CLUB	01:22:38
145	Anne Duncan	F50	Edinburgh Athletics Club	01:22:40
146	Neil Semple	M50	CORSTORPHINE AAC	01:22:50
147	Robert Kinnaird	M50		01:22:56
148	David Gibson	M40		01:23:03
149	Mike TURNER	M50		01:23:17

150	Laura WILKINSON	F		01:23:21
151	Caroline Gibson	F40		01:23:23
152	kenny weir	M60		01:23:25
153	Mike LOUGHLIN	M		01:23:31
154	Rhona O'Neill	F40	Kilmarnock H&AC	01:23:34
155	Gerard MASON	M50	Shettleston Harriers	01:23:41
156	Vincent Meechan	M40	Santa Monica TC East Kilbride	01:23:41
157	Andrew SMITHSIMMONS	M40		01:23:58
158	Martin EGAN	M50	GARSCUBE HARRIERS	01:24:07
159	James Cullen	M50	Giffnock North AC	01:24:42
160	Joe MCLAUGHLIN	M60		01:24:47
161	Hugh GARDINER	M50		01:24:51
162	Jennifer COWELL	F	RON'S RUNNERS	01:25:09
163	Zuzana Rencova	F	GLASGOW SOUTH ROAD RUNNERS	01:25:14
164	Lawrence HEALY	M40		01:25:25
165	Susan ALEXANDER	F50		01:25:25
166	Scott Davidson	M		01:25:37
167	Gordon FLEMING	M50		01:25:54
168	Catherine Scott	F50	Giffnock North AC	01:26:30
169	Dominic LINLEY	M		01:26:33
170	Claire Robertson	F	GARSCUBE HARRIERS	01:26:38
171	Kenneth Mackenzie	M50		01:26:55
172	Colin Peebles	M40		01:26:56
173	Nicola Falconer	F		01:27:00
174	Michael NEWTON	M50	EDINBURGH RUNNING NETWORK	01:27:02
175	Alan BROWNLIE	M50		01:27:04
176	Stewart ENGLISH	M60	LEVEN LAS VEGAS	01:27:07
177	GAYLE KENNEDY	F40	Giffnock North AC	01:27:10
178	James ALCORN	M60	Sweatshop Reading	01:27:11
179	Barbara McIntyre	F		01:27:17
180	prashant sharma	M		01:27:28
181	Daile Sipple	F50	PERTH ROAD RUNNERS	01:27:32
182	Fiona CUSHNAGHAN	F50	Greenock Glenpark Harriers	01:27:33
183	Lisa-Jane Horrey	F	Troon Tortoises Ac	01:27:39
184	Gael NEILL	F40	Ayr Seaforth AC	01:27:41
185	Lynsey Cooper	F		01:27:42
186	Kevin Masson	M		01:27:48
187	STUART IRVINE	M70	GARSCUBE HARRIERS	01:27:53
188	Alan WEIR	M40	Lothian Running Club	01:27:56
189	Bob PORTEOUS	M60	Scottish Veteran Harriers	01:27:57
190	Jim McCurrach	M60	Metro Aberdeen RC	01:28:06
191	Cailean Strathern	M		01:28:11
192	Christine DONALDSON	F60		01:28:14
193	Ewen Cameron	M40		01:28:19
194	CHRIS HAWKSWORTH	M50		01:28:19
195	Sonya Cassidy	F40		01:28:23
196	Alastair McArthur	M50		01:28:23
197	Michael Shanks	M		01:28:27
198	Joyce O'Shea	F40		01:28:42
199	Michael RYAN	M40	RON'S RUNNERS	01:28:55

200	Neill RUSSELL	M40		01:28:55
201	Neil McDonald	M		01:29:08
202	Louisa Davidson	F		01:29:09
203	May Sharp	F60		01:30:01
204	Ker Wei CHONG	F		01:30:02
205	Shirley MCNAB	F50	Kirkintilloch Olympians	01:30:05
206	Fiona THOMSON	F		01:30:11
207	Steven MARSHALL	M		01:30:25
208	Graeme HAWKER	M		01:30:31
209	Bruce WALKER	M70	Troon Tortoises Ac	01:30:39
210	Jennifer WHELAN	F		01:30:43
211	Brian GRAY	M60		01:30:58
212	Janice CLEMENT	F60	Penarth and Dinas Runners	01:31:01
213	Gordon Hogg	M50	West End Road Runners	01:31:08
214	FRANCES WOOD	F50	LINLITHGOW AC	01:31:12
215	Ruth Polwart	F40		01:31:12
216	Karen DAVIS	F50		01:31:15
217	Rekha BARRY	F		01:31:32
218	Kara RAFFERTY	F		01:31:33
219	ALISON WOOD	F	GARSCUBE HARRIERS	01:31:34
220	Kenny NEILSON	M40		01:31:36
221	Peter MCGHEE	M50		01:31:48
222	Moira CONNELL	F50	Troon Tortoises Ac	01:31:57
223	Phillip WYLIE	M		01:31:57
224	James MARSHALL	M50		01:32:03
225	Beka MARSHALL	F		01:32:03
226	Kirsten MATTHEW	F		01:32:12
227	James Rowley	M70	Law & District	01:32:26
228	Susan FALCONER	F50		01:32:30
229	Catherine MCKEAN	F60	Troon Tortoises Ac	01:32:44
230	Gillian WILSON	F40		01:33:08
231	Richard WILSON	M40		01:33:09
232	Lynda BENNETT	F	Troon Tortoises Ac	01:33:10
233	Jennifer Howie	F		01:33:11
234	Jocelyn GOUGH	F40	Ayr Seaforth AC	01:33:27
235	Marie DOOHAN	F40	Giffnock North AC	01:33:46
236	Caroline GRAHAM	F40		01:34:01
237	Stuart RADCLIFFE	M50		01:34:30
238	Caroline MCEWAN	F40		01:34:48
239	Lynsey Strathern	F		01:35:21
240	Colin MCDONALD	M		01:35:21
241	Robert DOCKRELL	M60	Scottish Fire and Rescue AC	01:36:08
242	Penny-May JOHNSTONE	F		01:36:29
243	Alan NISBET	M50		01:36:40
244	Graham NISBET	M		01:36:40
245	John Colquhoun	M	Giffnock North AC	01:37:20
246	Sandra DICKSON	F50	Kilmarnock H&AC	01:37:23
247	Colin MCLAUGHLIN	M40		01:37:32
248	Lisa MCDERMOTT	F	G72 TRI CLUB	01:37:34
249	Jacqueline SMITH	F		01:38:18

250	Luke Bird	M		01:38:30
251	Katie SMITH	F40		01:38:35
252	Gerry MCDONALD	M60		01:38:38
253	Julie KELLY	F		01:38:43
254	Kevin DOOHAN	M40	Giffnock North AC	01:39:20
255	Susan RHODES	F50	IRVINE RUNNING CLUB	01:39:44
256	Kelly FABIAN	F		01:39:49
257	Selena BEGLEY	F40		01:39:52
258	Andy BURNS	M50		01:40:01
259	Barbara THOMSON	F60		01:40:09
260	Lynda English	F60	LEVEN LAS VEGAS	01:40:15
261	Barbara Watt	F40	GARSCUBE HARRIERS	01:40:45
262	Kenny HEARTON	M		01:41:03
263	Lynn Armstrong	F		01:41:03
264	Graeme SHAW	M	RON'S RUNNERS	01:41:42
265	David NAYSMITH	M		01:42:12
266	Melissa WILLIAMS	F		01:42:26
267	fiona Creighton	F		01:42:39
268	Evelyn MOHAMMED	F50	STRATHAVEN STRIDERS	01:43:36
269	Kausar HEANEY	F40		01:43:38
270	Gillian Sefton	F		01:43:42
271	Joanne Sefton	F		01:43:48
272	Jaqueline FABIAN	F50	STRATHAVEN STRIDERS	01:44:26
273	Christina ALEXANDER	F50	STRATHAVEN STRIDERS	01:44:31
274	Jayne CUTHBERT	F		01:44:58
275	Katherine HARRISON	F40		01:45:01
276	Barry BLAIR	M70		01:45:15
277	Joanne REDMOND	F40		01:45:20
278	Joanne DONOHOE	F		01:45:20
279	Bex Oakenfull	F	LEVEN LAS VEGAS	01:46:05
280	Eimear CASSIDY	F		01:46:10
281	Michelle REID	F	SBF	01:50:07
282	Helen MARSHALL	F50	RON'S RUNNERS	01:50:14
283	Alan Bruce	M40		01:52:04
284	Lyndsey Strathearn	F40	SBF	01:53:39
285	Ruth Farrell	F		01:53:40
286	Gillian PAGE	F40	HARMENY AC	01:54:44
287	Matthew FERGUSON	M60	Kilmarnock H&AC	01:55:36
288	Patricia HIGGINS	F40		01:56:36
289	Lisa MAIN	F		01:56:36
290	Mark MCGINNEY	M40		01:59:38
291	Robert NICOL	M70	IRVINE RUNNING CLUB	01:59:39
293	Pauline Robbie	F40		02:08:08
294	Susan LAING	F40		02:08:08