

**IRVINE RUNNING CLUB 5 MILE ROAD RACE**  
**17/07/2016**

<b>Position</b>	<b>Name</b>	<b>Cat</b>	<b>Club</b>	<b>Time</b>
1	Conan McCaughey	M	Central AC	25:23
2	Neil Renault	M	Edinburgh AC	25:29
3	Richard Mair	M	Kilmarnock H & AC	26:48
4	Billy Richardson	M40	Irvine Running Club	27:17
5	Jack Heathwood	M20	Bellahouston Harriers	27:28
6	Steven Campbell	M40	Greenock Glenpark	28:02
7	Darren McQuade	M	Bellahouston Harriers	28:08
8	Andrew White	M40	Greenock Glenpark	28:12
9	James Montgomery	M	Bellahouston Road Runners	28:20
10	Colin Reilly	M	Ronhill Cambuslang	28:23
11	Steven Reid	M	Ayr Seaforth	28:33
12	Brendan Forrester	M	UA	28:45
13	David Tate	M20	Bay Area Running Club	29:12
14	Paul Lafferty	M	Irvine Running Club	29:14
15	Mark Ford	M40	UA	29:25
16	James Connelly	M40	Kilmarnock H & AC	29:27
17	Neil Walker	M	Kilmarnock H & AC	29:35
18	Denis Williams	M50	Shettleston Harriers	29:49
19	Colin Whitby	M	Irvine Running Club	29:56
20	Calum MacDonald	M	Ayr Seaforth	30:16
21	David Blane	M50	North Ayrshire Athletic Club	30:21
22	Kieran Cooper	M20	UA	30:29
23	Alan Douglas	M	Irvine Running Club	30:33
24	John Ross	M40	Ayr Seaforth	30:41
25	Ryan Waldron	M	Kilbarchan AAC	31:25
26	Stewart McAllister	M	Kilmarnock H & AC	31:28
27	Andrew Hegarty	M40	UA	31:36
28	David Auchie	M50	Ayrodynamic	31:41
29	George Irving	M50	Irvine Running Club	31:55
30	Robert Wilson	M	Greenock Glenpark	32:02
31	Jim Robinson	M50	Bellahouston Road Runners	32:07
32	Jim White	M40	Motherwell AC	32:07
33	Hamish Barbour	M50	Bellahouston Road Runners	32:09
34	ian Mcilwraith	M40	North Ayrshire Athletic Club	32:11
35	LEE THOMSON	M	UA	32:17
36	Scott Hunter	M40	Ronhill Cambuslang	32:23
37	John Stevenson	M40	Greenock Glenpark	32:26
38	Laura Wallace	F	Ayr Seaforth	32:38
39	Andrew Heathwood	M40	Bellahouston Harriers	32:44
40	Jim Sneddon	M50	Irvine Running Club	32:46
41	Andrew Stewart	M50	Ron's Runners	32:58
42	Fergie Collier	M50	Irvine Running Club	33:06
43	Mark Hamilton	M50	Kilmarnock H & AC	33:07
44	Stuart Brownhill	M40	Bellahouston Road Runners	33:13
45	Alasdair Murray	M40	Kilmarnock H & AC	33:13

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46	Davie Jones	M	Ayr Seaforth	33:15
47	Michael Corson	M50	Kilmarnock H & AC	33:16
48	John Goodenough	M	Galloway Harriers	33:25
49	Damian Taylor	M40	North Ayrshire Athletic Club	33:27
50	Michael Kirwan	M50	UA	33:30
51	Brian Jones	M50	UA	33:33
52	Steven Hill	M	Kilbarchan AAC	33:34
53	john surgenor	M60	Irvine Running Club	33:48
54	Victor McGregor	M	Paisley Jogging Buddies	33:54
55	Stephanie Hewitt	F	Kilmarnock H & AC	34:00
56	Ross Parker	M	UA	34:02
57	Augustine Cairney	M50	Clydesdale Harriers	34:11
58	Gordon Stuart	M40	UA	34:12
59	Steven Robson	M	Kilmarnock H & AC	34:26
60	Jamie Chalmers	M	UA	34:36
61	Brian McKeating	M50	Ayrodynamic	34:43
62	Craig Elsby	M40	Leigh Harriers & AC	34:50
63	Lorna Todd	F40	Ayrodynamic	35:10
64	Judith MacGregor	F40	Bellahouston Road Runners	35:20
65	bobby Miller	M50	UA	35:24
66	Stephen Reid	M40	Greenock Glenpark	35:27
67	Matthew Dodds	M60	Kilmarnock H & AC	35:45
68	Katie Sampson	F	Ferranti AC	36:16
69	Maria Doherty	F40	Glasgow South RR	36:30
70	Gael Riddle	F	Ayr Seaforth	36:38
71	peter taylor	M60	UA	36:46
72	Graeme Pert	M50	Bellahouston Road Runners	36:51
73	tomoyo fujiwara	F40	Bellahouston Road Runners	36:56
74	Paula Wilson	F40	Kilmarnock H & AC	37:11
75	Tom Ferris	M40	Bellahouston Road Runners	37:14
76	John Leitch	M	North Ayrshire Athletic Club	37:34
77	Jennie Jackson	F50	Irvine Running Club	37:38
78	laura mcknight	F	UA	37:39
79	Jim White	M60	Irvine Running Club	37:51
80	Caroline Mutch	F40	Troon Tortoises	37:56
81	Ian McNee	M50	Troon Tortoises	37:56
82	Paul McCallum	M40	Ron's Runners	37:57
83	John Boyd	M50	Calderglen Harriers	38:03
84	Khushhal Singh Yadav	M	UA	38:23
85	Paula McCabe	F	UA	38:46
86	Elizabeth-Anne McGonigle	F40	UA	38:48
87	David McGill	M40	Kilmarnock H & AC	38:53
88	John Crombie	M60	UA	39:09
89	Paul Chapman	M	UA	39:29
90	Kate Todd	F60	Kilmarnock H & AC	39:34

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<b>Position</b>	<b>Name</b>	<b>Cat</b>	<b>Club</b>	<b>Time</b>
91	Kenny Weir	M60	UA	39:48
92	Gary Crombie	M40	UA	40:29
93	David Lock	M60	UA	40:51
94	Michael McCrohon	M	UA	42:29
95	Douglas Dickson	M40	Kilmarnock H & AC	42:35
96	Laura McGregor	F	North Ayrshire Athletic Club	42:46
97	David Stone	M40	UA	42:46
98	Richard Hirst	M40	Toni's Tigers	43:14
99	LIZ COLQUHOUN	F40	Irvine Running Club	43:20
100	Jonathon McRae	M	Jog Scotland	43:42
101	Thomas Moran	M50	Jog Scotland	43:46
102	Stephen Harris	M40	Bellahouston Road Runners	44:52
103	John Softley	M60	Bellahouston Harriers	45:08
104	Mark McGregor	M40	Kilmarnock H & AC	45:23
105	Jacqui Sandler	F40	Kilmarnock H & AC	45:41
106	Alison Wales	F50	Kilmarnock H & AC	45:59
107	Lynn Masterson	F40	UA	46:59
108	Paula Docherty	F	UA	46:59
109	Sean Docherty	M40	Target your Fitness	46:59
110	Fiona Docherty	F	UA	47:15
111	Julie MacAteer	F40	UA	47:19
112	Pauline McRae	F	Jog Scotland	48:12
113	Suzy Moorby	F40	UA	49:19
114	Lynn Maltwood	F40	Monkton Milers	49:22
115	Lorna Fraser	F40	UA	49:22
116	Lorne Spence	M40	UA	51:25
117	Kirsten Atherton	F	UA	52:57